

## **NORTHUMBRIAN MOUNTAINEERING CLUB BOWDERSTONE COTTAGE, BORROWDALE INFORMATION FOR GROUP LEADERS**

Thank you for booking the Bowderstone Cottage. Please read the following information carefully to minimise the risk of problems occurring during your visit. We hope that you enjoy your stay!

### **Receipt of key**

The key will be sent to the contact address on your booking form about two weeks before your stay. Please notify the booking secretary in good time of any change of address.

Please return the key promptly at the end of your visit. Unreturned keys will be removed from the system.

### **Directions and Parking**

Bowderstone Cottage is the larger of the two cottages situated at the Bowderstone, half a mile along a track from the National Trust's Bowderstone Car Park. From Keswick follow the signs to Borrowdale down the B5289. The Car Park is approximately 6 miles south of Keswick on the left hand side, half a mile after the right turn to Grange. If approaching from Honister Pass, the Car Park is approximately 2.5km north of the village of Rosthwaite. You should park in the Car Park, as you cannot take your vehicle along the track to the cottage. The Car Park is pay and display but free if you display a National Trust membership card.

### **The Cottage**

#### **Bowderstone Water Meter**

Please note that a water meter has been fitted to the water supply for both the Cottage and the Hermitage. We need to record the water usage against the number of people who have been staying at the hut, along with the bed nights. This information will allow us to calculate the size of the septic tanks and the area required for a soak away. This information needs to be recorded accurately for a short period so that the findings can be presented to the National Trust and Environment Agency.

I have created a document which is pinned to the Cottage notice board and needs people staying in the hut to record the meter reading at the beginning of their stay, number of people, bed nights and meter reading at the end of the stay.

The meter can be found round the back of the Cottage kitchen, up by the water header tank, round the back of the large tree.



The cottage comprises the following accommodation:

**Dormitory** – The room comprises a 3-tier Alpine-style bunk that can accommodate up to 18 people. There is one mattress for each sleeping place. No bedding is provided so each member of your party should bring a **sleeping bag**.

**Common Room** – The room is equipped with tables, chairs and benches. Useful information for your stay can be found on the notice board and in the leaflets provided.

**Kitchen** – There are 8 electric rings a microwave, fridge and a sink with hot and cold water. There is adequate cutlery and crockery and utensils for 18 people. Tea towels are not provided so bring your own.

**Toilet and Washing Facilities** – There are separate men's and women's flush toilets and hand basins with hot and cold water. A shower is located in the women's toilet. The toilets empty into a septic tank. Therefore, please do not dispose of sanitary towels, tampons, toxic liquids or any other items, other than toilet paper, down the toilets. They should be disposed of with your other rubbish.

**Water Supply** – Water siphons down a pipe from a mine up the hill at the back of the

cottage. The water quality is checked every six months.

**Lighting** – Electric light is provided in all rooms.

**Heating** – There is an electric storage heater in the lobby between the toilets and another in the bedroom. Please do not adjust them or use them as drying devices. The dormitory and common room have open fires. Coal is supplied throughout the year and is stored behind the kitchen. You are advised to bring kindling and firelighters. Ashes must be dumped on the ash tip behind the kitchen. ***In the interests of the local ecology, you must not use fallen timber or cut down branches or trees for fuel.***

**Dehumidifier** – The age and usage pattern of the Cottage make it very prone to damp. To counter this a dehumidifier has been installed in the Common Room. Please do not switch it off.

**Security** – Please ensure that all windows and doors are securely locked when your party goes out for the day. The Bowderstone is a popular tourist attraction and you are therefore advised not to leave valuable items in the cottage.

### **Behaviour of Group Members**

At all times please ensure that group members consider the needs of local residents, other tourists and the environment. Limit noise, particularly after 11pm, treat the cottage facilities with respect and follow the Country Code.

### **No Camping**

Camping is strictly forbidden by the National Trust to whom the cottage and adjacent land belongs.

### **NMC Members Cottage – The Hermitage**

The small cottage, called the Hermitage, is situated just 20 metres from the Bowderstone Cottage. It is for use of NMC members only. It has no toilet or shower facilities so members using the Hermitage share those of the cottage.

### **Pricing Policy**

The NMC has adopted the following pricing policy for the cottage:

**The basic cost is £7 per person per night.**

A night is 6 pm to 6 pm the following day.

The minimum number for which a booking will be taken is 4.

The minimum charge for the cottage is £30 per night.

At weekends preference will be given to groups booking both Friday and Saturday nights.

Groups booking and paying for 14 places will have sole use of the cottage.

All places booked must be paid for. In the event of cancellation less than 14 days before the start of the booking, the full number of places booked must be paid for.

A deposit of 50% of the fee or £30 (whichever is the **greater**) must be paid with the booking form.

The key should be returned with the balance of the fee due.

### **Arrival Checklist**

***On arrival please:***

Unlock the door using the electronic key provided

Sign and date the visitors book, listing the names of all those in your party. This establishes your right to a bed space. Check water supply is working before using toilets, water heater and shower.

### **Departure Checklist**

***On departure please:***

Ensure that workbenches, sinks, stoves, shower and toilets are clean.

Wash, dry and put away all dirty dishes and pans.

Defrost fridge and prop door open.

Turn off cookers and the two water heaters in the toilet at the mains.

Left over food and other refuse attracts vermin. Take all surplus food and drink home with you and remove all refuse. Plastic sacks are provided for this.

Clean fireplaces and put ash on the ash tip.

Sweep all floors.

Stand all mattresses on their sides.

Make sure all the lights are off.

Leave storage heaters on as they work on a timer.

Leave water on unless otherwise instructed.

Leave dehumidifier on unless otherwise instructed.

Ensure the Cottage is clean and tidy throughout.

Take all your belongings with you.

Securely fasten all windows and shutters.

Lock the door

## **NORTHUMBRIAN MOUNTAINEERING CLUB BOWDERSTONE COTTAGE, BORROWDALE LOCAL SERVICES AND FACILITIES**

### **Telephones**

The nearest public telephones are in Grange and Rosthwaite. Mobile phone reception in the Lake District is patchy but you can usually get a signal at the Bowderstone if you stand on top of Bowderstone itself or on the rock with the standing stone behind the small cottage. There is also usually a signal part way down the track towards Rosthwaite.

### **Emergency Services**

Obviously you need to dial 999 for emergencies. This is also the means of contacting the Mountain Rescue Service. For less critical incidents the following information might be useful:

Keswick Police Station, Bank Street, Keswick. You should phone 01900 602422 and ask for Keswick Police.

Mary Hewetson Hospital, Crosthwaite, Keswick Tel: 017687 72012

The hospital has a minor injuries unit.

### **Public Transport Services**

Borrowdale can be a nightmare to drive through but it possible to access many of the high peaks from the cottage using public transport.

In winter the Borrowdale Rambler, Service 79, runs hourly from Keswick to Seatoller and back starting around 7.30 am until 9.30 pm weekdays and 9.30 am to 6.30 pm on Sundays. In summer this service increases to half hourly. Check timetables in the cottage or at bus stops.

The Derwentwater launches run clockwise and anticlockwise around the lake. The nearest landing stage to the cottage is at Lodore and there are stages down the sides of the lake close to the fells as well as one in Keswick. There are three a day each way in winter. This increases in frequency in the summer. Check timetables in the cottage or at Keswick landing stage.

### **Local Services**

Foot and Mouth Disease has hit businesses in Borrowdale hard. Please help the economic recovery of the area by using as many local services as you can during your stay. Keswick has many cafes and pubs and a wide range of shops selling everything from groceries and chemist goods to outdoor clothing, books and gifts. Nearer to the Cottage are the villages of Grange, Rosthwaite, Stonethwaite and Seatoller each with their own pubs, cafes and shops. Details of some local services are given below and also in the reference folder at the Cottage.

### **Grocery Stores**

**Rosthwaite General Stores** Proprietors Steve and Helen Cooke. Tel: 017687 77678

Open Monday to Friday 9 am to **1 pm**, **Saturday 9** am to 4 pm and Sunday 9 am to **1 pm** in winter. In summer the store is open until 5 pm on Monday to Saturday and 4 pm on Sunday. The shop stocks groceries and household items, chilled goods, wines and beers and newspapers. It also sells maps and guides, camping accessories, gas bottles, pre-packed coal and local gifts.

**Lakes Foodstore, Tithebarn Street, Keswick. Tel: 017687 73518**

Open Monday to Thursday and Saturday 9 am to 7 pm, Friday 9 am to 8 pm and Sunday 10 am to 4 pm in the winter. Summer hours are longer. Stocks a wide range of groceries including catering packs. Also has a café. Located next to bus terminus.

**Co-op Supermarket, Main Street, Keswick Tel: 017687 72688**

Open Monday to Thursday and Saturday 8.30 am to 6 pm, Friday 8.30 am to 7 pm and Sunday 10 am to 4 pm in winter. Summer hours are longer. Stocks a range of groceries.

**Launderette, (next to Co-op), Main Street, Keswick Tel: 017687 75448**

Open 7.30 am to 7 pm for 7 days a week.

**Hotels with Bars and Restaurants Open to Non Residents**

**Scafell Hotel, Rosthwaite**

Tel: 017687 77208 Website: [www.ScafellCo.uk](http://www.ScafellCo.uk) Email: [jy..cjsidescafeNws](mailto:jy..cjsidescafeNws)

Riverside Bar serves a typical range of bar meals.

**The Langstrath Country Inn, Stonethwaite**

Proprietors Donna and Gary MacRae Tel: 017687 77239 Website:

[www.thelangstrath.com](http://www.thelangstrath.com)

Real ale pub serving home cooked food. Bar open all day from 11am (12 noon on Sundays) except Monday to Thursday in January when it is closed from 3 pm to 6 pm. Food served from 12 noon to 2 pm and 6.30 pm to 9 pm with last orders for meals 8 pm.

Booking strongly advised. Visit the website for a view of the weather from the hotel's weather cam.

**Borrowdale Hotel (Near Lodore)**

Tel: 017687 77224 Website: [www.theborrowdaehotel.co.uk](http://www.theborrowdaehotel.co.uk) Email:

[theborrowdaehotek@yahoo.com](mailto:theborrowdaehotek@yahoo.com)

2 to 4 course evening meals served every day. Booking strongly advised.

Bar lunches served Monday to Saturday 12 noon to 2 pm. Sunday lunch is served in restaurant from 12 noon to 1.30 pm (must book). Bar open to non-residents every night.

**Mary Mount Hotel, Lodore**

Tel: 017687 77223. Open to non-residents for lunches and evening meals all year round. Lunches are served from 12 noon to 2 pm and evening meals from 6.30 pm to 9 pm. Booking advisable. For much of November to February meals comprise soup and sandwiches only.

**Cafes and Tea Shops**

**High Lodore Farm**

Open from around 10 am to 7 pm daily from April to October. Times may vary according to the weather and demand. Serves good value tea, coffee, snacks and cakes. Conveniently located at the main access to Shepherds Crag and access to walks over the top to Watendlath.

**Flock In (Yew Tree Farm) Rosthwaite** Proprietor Hazel Relph Tel: 017687 77675

Open everyday 10 am to 4 pm in winter except December and January when it's Friday to Sunday. Hours extended to 6 pm in summer. Specialities include lamb stew, Herdie burgers, home made cakes and gluten free foods. Sells packs of burgers, sausages and sausage rolls for barbeques and picnics. Will provide homemade soups and stews to take away for evening meal for £3 per person if ordered by 10 am on the day. Will also serve full breakfast if booked by 8 pm the

previous evening. Located near the meeting of the Cumbrian Way and the Allerdale Ramble and a good staging post for walks to the Dalehead and Fleetwith Pike areas.

**Peathouse Tea and Coffee Shop Stonethwaite** Proprietor Mrs A Jackson Tel: 017687 77604

Open 9.30 am to 6 pm in summer and other busy times. Closed in winter but will open for a party if convenient and notified in advance. Small, charming teashop serving mugs of tea, coffee and hot chocolate, baps, scones, cakes.

**Grange Bridge Cottage, Grange.** Tel: 017687 77201/77148 Email: graneteatborrowdacorn

Open 10 am to 7 pm 7 days a week from April to October. Usually open 10 am to 7 pm at weekends in winter but weekday hours vary and are weather dependent. Serves light lunches, sandwiches, cakes and ice cream. Located just off the Allerdale Ramble and close to access to High Spy and Castle Crag.

**Grange Café, Grange.**

Located 50 yards from Grange Bridge Cottage. Serves tea, coffee, non-alcoholic drinks, sandwiches, snacks and ice cream.

**Yew Tree Café and Bar, Seatoller.** Tel 017687 77634

Open 10 am to 6 pm all year round. Serves light meals, snacks, sandwiches and cakes, teas, coffees and alcoholic drinks.

**Seathwaite Café, Seathwaite.** Tel 017687 77293

Well located at the foot of the Styhead and Grains Gills on the main descent from Scafell into Borrowdale. Open 10 am to 6 pm everyday from April to October and occasional weekends in winter. Times may vary according to the weather. Serves light meals, snacks, teas and coffees.

**And...**

Teas, coffees and scones also served most days of the year at the Borrowdale Hotel from 9.30 am to 5.30 pm and the Royal Oak Hotel in Rosthwaite from 3.45 pm to 5 pm.

***For wet weather and non climbing non walking days***

**Honister Slate Mine, Top of Honister Pass**

Tours of the mine are available during the summer and there is a shop selling slate products.

Tel 017687 77230 Website:

[www.honister-slate-mine.co.uk](http://www.honister-slate-mine.co.uk)

**Platty Canoes and Kayaks, Lodore**

Keswick Launch Jetty (park at Lodore Hilton Hotel). Small sailing boats and canoes are available for hire during the summer. Tel:

017687 76572 (office) or 017687 77282 (waterfront)

**Keswick Mountain Bike Centre**

Bikes are available for hire, Tel: 017687 75752

**Watendlath Trout Fishery**

Rod for hire and fly-fishing tuition provided. Tel: 017687 77293

**Cumberland Pencil Museum, Keswick**

Tel: 017687 73626 Website: [www.pencisco.uk](http://www.pencisco.uk)

**Keswick Indoor Climbing Wall, behind the Pencil Museum**

Tel: 017687 72000 Website: [www.keswickclimbingwall.co.uk](http://www.keswickclimbingwall.co.uk)

**Cars of the Stars Motor Museum, Keswick**

Tel: 017687 73757

**Keswick Leisure Pool and Fitness Centre**

Tel: 017687 72760 Website: [www.leisure-centre.com](http://www.leisure-centre.com)

**The Puzzling Place, Keswick**

Tel: 017687 75102 Website: [www.puzzlingpace.co.uk](http://www.puzzlingpace.co.uk)

**Theatre by the Lake, Keswick**

Tel: 017687 74411 Website: [www.theatrebythelake.com](http://www.theatrebythelake.com)

**Keswick Museum**

Victorian Keswick, art gallery and minerals. Tel: 017687 73263

